



Movers & Makers

Health, Fitness and Creative Courses

Fall 2025



16-WEEKS

ART

CRN	COURSE ID	COURSE TITLE	MEETING DAYS	MEETING TIME	MODALITY
32889	ARTS 1240 301	Design I	MW	10:30 am-11:45 am	On Campus
31995	ARTS 1250 301	Design II	W	1:30 pm-4:00 pm	On Campus
32005	ARTS 1340 301	Functional Ceramics I	T	6:00 pm-8:30 pm	On Campus
32527	ARTS 1520 3L0	Digital Media I	TR	1:30 pm-2:45 pm	Live Online
32822	ARTS 1530 3N0	Digital Media II	ONLINE	ONLINE	Online
31999	ARTS 1620 301	Life Drawing I	T	1:30 pm-4:00 pm	On Campus
32890	ARTS 1840 301	Sculpture I	M	3:00 pm-5:30 pm	On Campus
32648	ARTS 2120 3N0	Graphic Design I	ONLINE	ONLINE	Online
32891	ARTS 2211 301	Portraiture	W	3:00 pm-5:30 pm	On Campus

THEATER

CRN	COURSE ID	COURSE TITLE	MEETING DAYS	MEETING TIME	MODALITY
132911	THEA 1110 301	Introduction to Theatre	TR	10:30 am-11:45 am	On Campus
32913	THEA 1220 301	Beginning Acting	TR	1:30 pm-2:45 pm	On Campus
32914	THEA 2250 301	The Company Class	MW	10:30 am-11:45 am	On Campus

WOODWORKING

CRN	COURSE ID	COURSE TITLE	MEETING DAYS	MEETING TIME	MODALITY
32967	WOOD 1810 301	Basic Woodworking Projects	M	6:45 pm-9:15 pm	On Campus
32973	WOOD 2110 301	Doors/Drawers/Hardware Furnit	W	6:45 pm-9:15 pm	On Campus
32970	WOOD 2810 301	Advanced Woodworking Projects	M	6:45 pm-9:15 pm	On Campus

PHYSICAL EDUCATION (HPE ACTIVITY COURSES)

CRN	COURSE ID	COURSE TITLE	MEETING DAYS	MEETING TIME	MODALITY
32333	PHED 1110 301	Dance: Beginning Belly Dancing	M	6:00 pm-7:40 pm	On Campus
32334	PHED 1110 302	Dance: Country & Western Dance	T	6:15 pm-7:55 pm	On Campus
32677	PHED 1110 303	Dance: Aerobic Dance	MW	9:00 am-9:50 am	On Campus
32735	PHED 1280 301	Volleyball	R	5:30 pm-6:50 pm	On Campus
32549	PHED 1320 301	Aqua Fit: Senior Aquatics	TR	3:00 pm-3:50 pm	On Campus
32303	PHED 1320 302	Aqua Fit: Water Aerobics	MW	8:00 am-8:50 am	On Campus
32304	PHED 1320 303	Aqua Fit: Water Aerobics	MW	9:00 am-9:50 am	On Campus
32305	PHED 1320 304	Aqua Fit: Water Aerobics	MW	5:00 pm-5:50 pm	On Campus
32308	PHED 1320 305	Aqua Fit: Water Aerobics	TR	4:00 pm-4:50 pm	On Campus
32548	PHED 1320 306	Aqua Fit: Water Aerobics	TR	5:00 pm-5:50 pm	On Campus
32436	PHED 1410 301	Yoga: Beginning Yoga	M	4:00 pm-5:40 pm	On Campus
32311	PHED 1410 302	Yoga: Beginning Yoga	W	2:30 pm-4:10 pm	On Campus
32315	PHED 1430 301	Pilates	MW	8:00 am-8:50 am	On Campus
32326	PHED 1510 301	Training: Body Sculpting	MW	1:00 pm-1:50 pm	On Campus
32739	PHED 1510 302	Training: Body Sculpting	TR	8:00 am-8:50 am	On Campus
32740	PHED 1510 303	Training: Beg. Weight Training	TR	12:00 pm-12:50 pm	On Campus



PHYSICAL EDUCATION (HPE ACTIVITY COURSES) CONTINUED

CRN	COURSE ID	COURSE TITLE	MEETING DAYS	MEETING TIME	MODALITY
32341	PHED 1510 304	Training: Circuit Training	TR	9:00 am-9:50 am	On Campus
32741	PHED 1510 305	Training: Circuit Training	TR	5:00 pm-5:50 pm	On Campus
32742	PHED 1510 306	Training: Kickboxing	TR	6:00 pm-6:50 pm	On Campus
32329	PHED 1610 301	Fitness for Life			On Campus
32317	PHED 1620 301	Fitness: Indoor Cycling	MW	6:10 am-7:00 am	On Campus
32568	PHED 1620 302	Fitness: Indoor Cycling	MW	9:00 am-9:50 am	On Campus
32320	PHED 1620 303	Fitness: Indoor Cycling	TR	6:10 am-7:00 am	On Campus
32324	PHED 1620 304	Fitness: Core Fitness I	MW	12:00 pm-12:50 pm	On Campus
32851	PHED 1620 305	Fitness: Indoor Cycling	MW	4:00 pm-4:50 pm	On Campus
32316	PHED 1710 301	Martial Arts: Self-Defense	T	7:00 pm-8:40 pm	On Campus
32348	PHED 2230 301	Ind Sport II: Int. Racquetball	MW	5:30 pm-6:20 pm	On Campus
32357	PHED 2996 301	Topics in PE: Mindful/Meditatn	W	5:00 pm-6:40 pm	On Campus
32349	PHED 2996 302	Topics in PE: Tai Chi	TR	1:00 pm-1:50 pm	On Campus
32721	PHED 2996 303	Topics in PE: Tai Chi	MW	12:00 pm-12:50 pm	On Campus

WELDING

CRN	COURSE ID	COURSE TITLE	MEETING DAYS	MEETING TIME	MODALITY
32944	WELD 1113 301	General Welding for Hobbyist	M	5:30 pm-8:30 pm	On Campus

FIRST 8-WEEKS

WOODWORKING

CRN	COURSE ID	COURSE TITLE	MEETING DAYS	MEETING TIME	MODALITY
32968	WOOD 1810 330	Basic Woodworking Projects	TR	6:45 pm-9:15 pm	On Campus
32971	WOOD 2810 330	Advanced Woodworking Projects	TR	6:45 pm-9:15 pm	On Campus

PHYSICAL EDUCATION (HPE ACTIVITY COURSES)

CRN	COURSE ID	COURSE TITLE	MEETING DAYS	MEETING TIME	MODALITY
32321	PHED 1620 330	Fitness: Indoor Cycling	TR	9:00 am-10:40 am	On Campus
32839	PHED 1620 331	Fitness: Walking for Fitness	MTWR	7:00 am-7:50 am	On Campus
32347	PHED 2230 331	Individ. Sport II: Int. Tennis	TR	6:00 pm-7:40 pm	On Campus
32825	PHED 2996 330	Topics in PE: Pickleball	MW	4:00 pm-5:40 pm	On Campus
32849	PHED 2996 331	Topics in PE: Pickleball	TR	9:00 am-10:40 am	On Campus

SECOND 8-WEEKS

WOODWORKING

CRN	COURSE ID	COURSE TITLE	MEETING DAYS	MEETING TIME	MODALITY
32969	WOOD 1810 335	Basic Woodworking Projects	TR	6:45 pm-9:15 pm	On Campus
32972	WOOD 2810 335	Advanced Woodworking Projects	TR	6:45 pm-9:15 pm	On Campus

PHYSICAL EDUCATION (HPE ACTIVITY COURSES)

CRN	COURSE ID	COURSE TITLE	MEETING DAYS	MEETING TIME	MODALITY
32322	PHED 1620 335	Fitness: Indoor Cycling	TR	9:00 am-10:40 am	On Campus
32877	PHED 1620 336	Fitness: Walking for Fitness	MTWR	7:00 am-7:50 am	On Campus
32878	PHED 1620 337	Fitness: Walking for Fitness	MW	10:00 am-11:40 am	On Campus
32738	PHED 2996 335	Topics in PE: Pickleball	MW	9:00 am-10:40 am	On Campus
32813	PHED 2996 336	Topics in PE: Pickleball	MW	4:00 pm-5:40 pm	On Campus
32850	PHED 2996 337	Topics in PE: Pickleball	TR	9:00 am-10:40 am	On Campus